



Healing Waters Retreat

June 11-14, 2015

Our mission:

To provide a safe, nourishing, healthy healing environment where you can be free to be you. To expose you to different healing modalities and experiences to help heal Body, Mind, and Spirit. To educate you, so the healing and health continue beyond the weekend retreat.

We will be offering Water Thai Chi (Ai Chi) , Shiatsu Yoga, and Meditations in the mornings, and a musical experience each night.

You will have lots of free time to do as you please. Belisle Retreat Center is located on 1000 acres, with hiking and biking trails throughout. You are welcome to bring your horse for Belisle has 5 ½ hours of trails and housing for your horse.

We want to provide you the tools for a healthier, happier lifestyle.



Location:

Belisle Retreat Center
1258 60th Street
Amery, WI 54001



You will also have a chance to experience Water Massage, Watsu, Healing Dance, Therapeutic Energy Massage as well as education of your healthful meals.

Visit *Healing Waters Retreat* on facebook for full agenda and information.

TO REGISTER CONTACT:

Deanne Larson

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COST:

\$280 (by May 20)

\$300 (after May 20)

Paul Cherba

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*Cost includes 3 night stay,
food and classes*

